

## 200 Club

The 200 Club is a simple fundraising draw. Half the £12 donation goes directly to Centre funds with the remainder as cash prizes. There are two major prizes each year drawn in July and December, and two for each of the remaining ten months. Applications are invited in the autumn term.

## Restaurant and Coffee Bar

Cater for Occasions, run by Jason, provides a variety of tasty and nutritious meals, which include a daily special and a selection of cakes and puddings. They also cater for events and parties and can accommodate any dietary needs. The food is always freshly prepared using quality ingredients and is reasonably priced. Lunches are served 12noon-2pm. All members and guests are warmly welcomed.

## Visits, Holidays and Events

The Centre organizes visits, holidays and events for its members, details of which are advertised in the newsletter, on the notice boards and the website. Bookings are taken by office staff during opening hours and must be paid in full at the time of booking. Non-members can book day visits on payment of the day membership. Cancellations will be subject to a 20% administration fee.

## Safety

The Health & Safety Manager for the Centre is Caroline Bacon. The First Aid Officer is Salli Scudamore.

Emergency Aiders are: Rosemary Adams; Caroline Bacon; Christine Bailey; Bente de Grey; Jackie Gooding; Jacky Hall; Carol Purnell; Elena Ramos, and Ros Spicer.

Please familiarise yourself with the Fire Evacuation Procedures posted in your classroom. First Aid boxes are situated in the back hall and on the upper landing. A fire drill is carried out once a term.

## Centre Staff

All REC staff are employed on a part-time basis. Centre Manager: Caroline Bacon; Office Manager: Jacky Hall; Office Staff: Carol Purnell, Salli Scudamore, and Ros Spicer. (Correct at Feb. 2017)

## Class Representatives

Each class is asked to nominate a representative to attend Class Reps' meetings once a term chaired by the Student Representatives. Here students can make suggestions and hear news of forthcoming events, or discuss important issues about the running of the Centre. Class Representatives are also encouraged to attend the Annual General Meeting (see below).

## The REC Charity

The REC opened in 1977. In 1997 it became an independent registered charity. Today we have over 1,000 members. Unlike other Adult Education Centres, we do not receive funds from the local authority, therefore all funds required to run the REC, and pay for tutors and staff, are met by the annual membership, course fees and fundraising.

The REC is overseen by a Board of Directors who are Trustees for the Charity.

They are Dr Mark Chamberlain (Chair); Caroline Bowdler (Vice Chair); Gerry Nolan (Finance Director), Cathy Moorhouse (Company Secretary); Peter Marks; Jane Hamilton; Dr Stephen Rogers; Sandra Parsons; Carole Aveston (Student Rep. until Nov 2017); Dr Dan Foley (Student Rep.), and David Jones (Student Rep.) and Borough Council Representative Cllr Luigi Reale. (Correct at Feb. 2017)

Committees consist of Audit, Human Resources, Buildings & Environment, and Marketing & Fundraising, and comprise members of the Board of Directors.

Details of committees and current membership are posted on the notice board.

## Annual General Meeting

As a registered charity, we are required to hold an Annual General Meeting to inform all our members of accounts and yearly activities. This is an opportunity to find out how the Centre is progressing and raise any queries or issues. The AGM will be held on **Wednesday 22 November from 4.30pm at the Centre.**

## 40<sup>th</sup> Anniversary Events

Over the year there will be a number of events to celebrate our 40<sup>th</sup> Anniversary. These will include a quiz based on 40 Years on 18 May 2017, an Open Day on 8 July 2017, and culminating in a Dinner on 8 September 2017, which will be 40 years to the day since we opened for the benefit of those in retirement. Further details will be announced nearer the time.

## Term Dates 2017-18

### Autumn

Monday 11 Sept - Friday 1 Dec 2017  
(Half-term holiday 23 - 27 October 2017)

### Spring

Monday 8 Jan - Friday 23 Mar 2018  
(Half-term holiday 12 - 16 February 2018)

### Summer

Monday 16 April – Friday 20 July 2018  
(Half-term holiday 28 May–1 June 2018)  
Bank Holiday 7 May 2018



## Summer Short Courses 2017

### Thursday Short Courses 10-12noon

The following courses have to be booked in advance and are open to over 18s and non-members.

Refreshments and lunch are available to purchase.

#### Discussion Group

Students discuss a variety of philosophical and ethical topics, including contemporary moral issues. The group meet every Thursday throughout the summer. No need to pre-book.

20 July - 7 Sept

#### Self Help – No Tutor

£1 per session

#### Absolute Happiness: *Hotel du Lac* by Anita Brookner

Margaret Norwich

This is an opportunity to revisit or discover for the first time this exquisite prize-winning novel in which our heroine Edith Hope, a writer of romantic fiction, contemplates life, love and absolute happiness in the rarefied atmosphere of a lakeside hotel in Switzerland, where not all is as it seems! This novel was praised by *The Times* as "a smashing love story...romantic, humorous, witty, touching and formidably clever," the perfect summer read!

3 weeks from 20 July £32

TSAH0317

#### Gothic Cathedral Structure

Tim Parrott

Master builders of the Gothic era well understood how to build high stone walls, but the drive to pierce them with ever-larger windows required new approaches, and daring. Somehow, intuition and hard-won experience came together to create the mighty buildings which compel our admiration to this day. You will see the cathedrals of Europe with fresh eyes and renewed interest.

20 July

£12

TSGC0117

#### Monoprinting

Caroline Doyle

Monoprinting is suitable for both beginner and those who have experience of making art work, printing or otherwise. This is an introduction into the various ways of mark making, developing abstract and / or figurative work inspired by both the external world and your own imagination to open, explore and expand your individual creativity.

If you wish, please feel free to bring with you, pictures, photos and small objects to use for visual reference. For example, natural objects such as shells, images of patterns etc. A small charge will be made for materials

20 July

£12

TSMP0117

#### The Bloomsbury Group

Jenny Morris

It is well known that the Bloomsbury set 'lived in squares and loved in triangles' - a description of this loosely linked group of Bohemian writers, thinkers and artists by Dorothy Parker. Indeed, the description supplied the title for the recent BBC drama series, which made the most of the salacious anecdotes surrounding these people. Whilst the lifestyles of Virginia and Leonard Woolf, Vanessa and Clive Bell, Duncan Grant, Lytton Strachey, Ottoline Morrell, E.M. Forster and others may have been unconventional, there is far more to them. Their lives were filled with friendship, conversation, and creativity. Rothsay Gardens was home to the artist Dora Carrington in her childhood and teens, and the Higgins owns several of her words. It is therefore a suitable venue in which to study and discuss the lives of these colourful characters of the early twentieth century.

5 weeks from 20 July £52

TSBG0517

#### Monoprinting

Caroline Doyle

Mono Printing is suitable for both beginner and those who have experience of making art work, printing or otherwise. This course will provide an introduction into the various ways of mark making, developing abstract and / or figurative work inspired by both the external world and own imagination to open, explore and expand individual creativity.

27 July

£12

TSM2P0117

#### The Double Helix: An Introduction

Tim Parrott

DNA is the genetic material which enables animals and plants to leave behind offspring. The full story only became known in the 1960s; the people alive today are the first to have grown up with the discovery. The molecule in solution adopts the form of a double spiral. How that form enables it to function, and just what that function entails, number among the most exciting accounts in the entire field of Popular Science.

27 July & 3 Aug

£22

TSDH0217

#### Keeping a Sketchbook Journal

David Lewry

This fascinating course will help and encourage you to set up and maintain a visual diary to record the world around you and express yourself in a creative and fulfilling way. Using examples from his own sketchbooks and other peoples work, the tutor will show you the different types of sketchbook you can create as well as the basic techniques for using pencils, pens, brushes, inks and watercolours. You will be encouraged to sketch for the pure joy of it and to document your life and surroundings - whether you are an established artist or aspiring to be one. No previous experience is necessary and materials will be cheap and easy to gather. It is hoped that, weather permitting, some of the course will be held outside.

5 weeks from 3 Aug

£32

TSKS0517

#### The Economics of Brexit

Angela Pollard

We will be looking at some of the potential implications of 'Brexit' for the UK economy. We will use basic economic theory to look at a range of possible scenarios, and analyse the potential ramifications for the UK and EU Economies in the future as well as the impact on wider trade and on individuals. The structure will be partly presentation based, on the broad economic implications of 'Brexit', followed by an anticipated large amount of discussion and lively debate! (NB the intention of this course is not to spend lots of time debating whether we should or should not have voted to leave the EU). No prior economic knowledge necessary.

3 weeks from 10 Aug £32

TSEB0317



Book on-line at [www.recbedford.co.uk](http://www.recbedford.co.uk)



**The Mind of Albert Einstein****Tim Parrott**

Good, gentle and wise, Albert Einstein was the first scientist to be known and revered throughout the world in his own lifetime. At the age of 26yrs, he published 5 papers on entirely different subjects in the field of Physics. Three of them were among the greatest in the history of Physics. Ten years later, in 1915, he completed his crowning achievement, his Theory of General Relativity. His discoveries and unique way of working are surprisingly accessible to non-specialists. But beware – the next time you hear someone say, "Well, as Einstein showed, everything's relative," you'll want to kick them.

**10 & 17 Aug****£22****TSAE0217****Breathing: Harvesting the Oxygen of Life****Tim Parrott**

Insects have remained relatively small precisely because their body-plan limits their ability to supply their tissues with oxygen. The vertebrate body-plan is far less constrained, and species with backbones have evolved lungs and gills and the chemistry to go with them. Surprises are in store if you think breathing is one of the more boring aspects of animal life.

**24 Aug****£12****TSBO0117****The Enlightenment****Dr Gary Day**

We are told we live in a post-truth age. To paraphrase John McEnroe, they cannot be serious. This short course will look at the key characteristics of the Enlightenment and offer a thumbnail sketch of some of leading philosophers. Don't let fear of Hume or Kant deter you. They will be presented in as fun a way as it is possible to present serious thinkers. The legacy of the Enlightenment is under threat and it would good to have a last look at it before it disappears completely.

**3 weeks from 24 Aug****£32****TSTE0317****Take Two Pictures: Contrasts in Garden Art from the 17th and 20th Centuries****Dr Twigs Way**

These two linked mornings will each explore a single garden painting (of different gardens) three hundred years apart. Exploring the style, the content, the artists and the garden itself, as well as setting it in artistic context, we will examine how garden art has changed over the centuries.

**31 Aug & 7 Sept****£40****TSTT0217****The Fish with Legs: How did they do it?****Tim Parrott**

The fish which evolved in Devonian times are the ancestors of all the land tetrapods surviving today, including ourselves, as well as those which have passed into extinction (most famously, the dinosaurs). How did a fish leave the water? Why would it want to? Where is the proof? This is one of the Major Transitions in the story of Evolution, and is full of interest and surprises.

**31 Aug****£12****TSFL0117****Understanding St Paul's Cathedral****Tim Parrott**

Sir Christopher Wren's monumental cathedral is a world-class building in the City of London. Thanks to Wren's skill, countless visitors leave St Paul's entirely unaware of the dramatic separation between the interior and the exterior of the building. This talk will reveal the facts, and your shock may well give way to admiration. You'll be racing to the train station, camera in hand, undeterred by the sizeable entrance fee.

**7 Sept****£12****TSSP0117****Summer Short Courses 10-1pm**

**These three-day courses have to be booked in advance and are available for over 18s and non-members.**

**Refreshments and lunch will be available to buy.**

**7-9 August 2017****Cotswold Gardens****Dr Twigs Way**

*Two mornings in class and a day visiting garden/s.*

Mellow stone, warm sun and rolling views drew Arts and Crafts and early twentieth century gardeners to the Cotswolds'. The result was an extraordinary wealth of gardens including Hidcote, Kiftsgate, Snowhill, Iford Manor, Rodmarton, and of course the artists' gardens at Broadway. We will explore the gardens, their owners and designers, and the links that bind them before spending our final day visiting two gardens.

**2 Days 10-1pm, Day 3 Visit****£80****SCG03A17****Introduction to Watercolour Pencils****David Lewry**

Many people have a basic set of watercolour pencils but are not really sure how best to use them and what they are capable of. This short course will explore all the available techniques in the form of simple, step-by-step demonstrations which will cover landscape, still life and natural history. This handy and versatile medium can produce excellent results and has the advantage of being easily transportable and very user friendly. Advice will be given on the best pencils to buy and the other simple materials required. Please contact the REC for a list of materials needed if you do not have any pencils at the moment.

**3 days 10-1pm****£40****SWP03A17****Impressionism****Dr Gary Day**

It's tempting to think that nothing new can be said about Impressionism. Originally intended as an insult, the term has now come to signify a safe and soft focus and view of life in pastel colours. We are so used to seeing reproductions of Monet and Renoir that we forget the revolutionary impact their work had. This three day course will look at the rise of Impressionism, reactions to it and try to analyse the nature of its enduring appeal. In the process, we may find that something new can be said about it after all.

**3 days 10-1pm****£40****SIM03A17****E.M.Forster: Life & Work****Jenny Morris**

Lionel Trilling, writing in 1943, remarked: 'E. M. Forster is for me the only living novelist who can be read again and again and who, after each reading, gives me what few writers can give us after our first days of novel-reading, the sensation of having learned something.' These novels certainly repay close reading and re-reading; but so, do Forster's essays, short stories, travel writing, plays and letters. As well as the novels, we shall consider Forster's other writings, and his life: a long, fulfilling and varied life, including adventures and encounters which may not be immediately evident from his more well-known fiction. Participants will not need any prior knowledge of Forster's life and work, but contributions will be most welcome and there will be plenty of scope for discussion.

**3 days 10-1pm****£40****SEF03A17**

Book on-line at [www.recbedford.co.uk](http://www.recbedford.co.uk)



## 7-9 August 2017cont./

### The Mysterious Quantum

Tim Parrott

Get a glimpse of what constitutes Reality at the most fundamental physical level. Perhaps you're thinking, "Do I care?" I think you'll find you do. Until the 20<sup>th</sup> century, Physics was the home of hard, unassailable facts. This introduction to Quantum weirdness, designed for the mathematically-innocent, will uncover the rules governing the behaviour of atoms and sub-atomic particles, and give you something to think about late at night.

3 days 10-1pm

£40

SMQ03A17

### The First World War Poets

Dr Stephen Rogers

In this course we shall not only look at the familiar poets (Rupert Brooke, Wilfred Owen, Siegfried Sassoon, Edward Thomas, and Isaac Rosenberg) of the First World War, but also look at some of the less-known writers, such as David Jones, Ivor Gurney, May Sinclair and Ford Madox Ford; as well as some of the music hall and popular trench songs of the War. The set text is Tim Kendall's *Poetry of the First World War* (Oxford, 2014).

3 days 10-1pm

£40

SWP03A17

## 14-16 August 2017

### Roman Mosaics

Jenny Morris

Throughout the Roman empire, mosaics were used to decorate homes, baths buildings, and other public buildings. Some used a vivid range of coloured stones, whilst others were 'greyscale'. Motifs could be geometric or figurative or both, and lettering was quite often added, saying, for example 'Beware of the dog!' or labelling mythological characters depicted. In this course, we shall admire Roman mosaics from many Roman sites including some from Roman Britain, but many more from North Africa, from Turkey and from Cyprus. We shall also survey development of the mosaicist's craft in terms of the design of patterns, the practical techniques and the various styles of mosaics so far discovered.

3 days 10-1pm

£40

SRM03B17

### Portraits

Michael Croker

This class will consider the best approaches to constructing and capturing a convincing likeness of the model. Over the three days we will work from three different models. All abilities welcome. Please bring drawing materials, e.g. pencils, charcoal or pens, plus paper and pad or board to lean on.

Limited to 10 students.

3 days 10-1pm

£48

SPT03B17

### Terrorism in Literature

Dr Stephen Rogers

In this course, we shall investigate the depiction of terrorism in literature. Terrorism has been defined as 'a symbolic act designed to influence political behaviour by extra-normal means, entailing the use or threat of violence.' The actual acts of terror in fact matter less than the effect they have upon the imagination of the people, especially through the media. We will study Joseph Conrad's *The Secret Agent* (1907) and Doris Lessing's *The Good Terrorist* (1985) to understand how writers have responded to this very modern and extreme form of political strategy.

3 days 10-1pm

£40

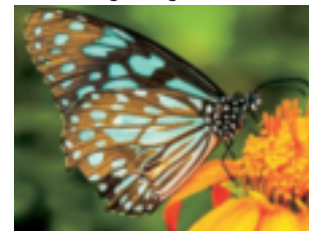
STL03B17

## 14-16 August 2017 cont./

### Butterflies: Time-Travellers of Evolution

Tim Parrott

Butterflies have taken part in some of the most fascinating relationships ever constructed by Evolution. Their caterpillars have fought against plant defences across geological time, as well as their natural predators, principally birds. In the adult phase, their wings have served to save their insect lives in the subtlest ways imaginable. Delicate? They migrate across continents and oceans. Few other insects have as much to reveal, about themselves and about Evolution.



3 days 10-1pm

£40

SBT03B17

### Shakespeare's Gardens

Dr Twigs Way

*Two mornings in class and a day visiting gardens.*

Gardens and plants are key to understanding the plays and verses of Shakespeare, and this course celebrates both the literary and the literal gardens associated with Shakespeare and the Shakespearean age - looking at garden styles and plants of the period. We will also celebrate the 'restored' gardens of Mary Arden's Cottage and the Shakespeare Birthplace with a visit to two of the gardens.

2 Days 10-1pm, Day 3 Visit

£80

SSG03B17

### FilmStudies: Bella Italia!

Caroline Bacon

From Neorealism to nostalgic Post-Modernism, this 3-day course will look at the post-war films of Italy through De Sica's *Umberto D* (1952), Fellini's *La Dolce Vita* (1960), and Tornatore's *Cinema Paradiso* (1988).

3 days 10-1pm

£32

SFS03B17

## 21-23 August 2017

### Silver Jewellery

Kathy Taylor

Over 3 days you will design and make your own creations - pendants, earrings, bracelets, bangles, charms and rings. You will design each piece and cut, prepare, texturise and solder your pieces. You will learn how to work with and prepare metal, texture and stamp metal, prepare your design and then create it under supervision. No previous experience is needed. After the course, your pieces will be taken back to the Tutor's workshop to be polished and will be available the following week. The price includes full use of equipment. Materials, such as silver, will be charged at cost and payment should be made in cash (or card payment if over £5.00) at the start of each class. E.g. materials for a pair of Sterling silver rings or a pendant measuring about 1" square will be c.£8.00. You will need to wear shoes which cover your feet (no sandals or ballet-style pumps) and tie back long hair. It is advisable to wear natural fibres and bring a cotton or linen apron to protect your clothes, and a notebook and pen/pencil.

3 days 10-1pm

£120

SSJ03C17



Book on-line at [www.recbedford.co.uk](http://www.recbedford.co.uk)

